



# BE A HERO!

Test yourself by climbing to new heights in your own home or local area.  
We're challenging you to climb up 50 flights of stairs a day to complete the  
UK Peaks Challenge.

Use this sheet to record your progress and track the mountains you've completed  
along the way.

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	TOTAL
DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14	TOTAL
DAY 15	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20	DAY 21	TOTAL
DAY 22	DAY 23	DAY 24	DAY 25	DAY 26	DAY 27	DAY 29	TOTAL
DAY 30	DAY 31	DAY 33	DAY 34	DAY 35	DAY 36	DAY 37	TOTAL



Slieve Donard 360  
Day Achieved



Scafell Pike 412  
Day Achieved



Mount Snowdon 475  
Day Achieved



Ben Nevis 587  
Day Achieved



**TOTAL FLIGHTS CLIMBED = 1834**



Don't forget to share your  
progress on the Braintree  
Scouts facebook page

@braintreedistrictscouts